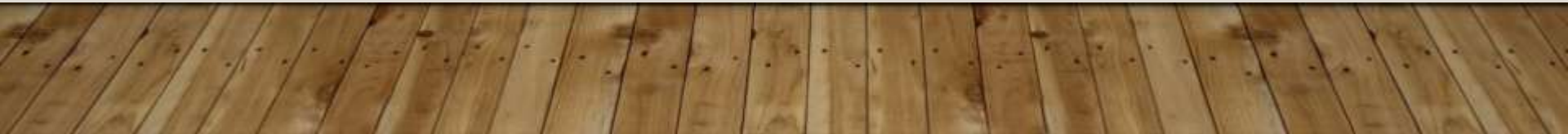


父亲们，凡敬畏耶和华、遵  
行他道的人有福了！

**Fathers, Blessed are all who fear the Lord,  
who walk in obedience to him.**

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诗篇128



祝天下的爸爸❤️

父亲节快乐  
蒙恩蒙福



# 当我们读诗篇的时候。。。

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- 诗篇是描述某些人，在某个信仰旅程的处境属灵反思。
- Psalm is about a reflection of a man's situation in their faith journey.
- 当我们不断读诗篇的时候，诗篇会帮助我们面对自己，面对世界，面对上帝。
- When we read Psalm, it help us to face ourselves, the world and God.

当我们读诗篇的时候。。。

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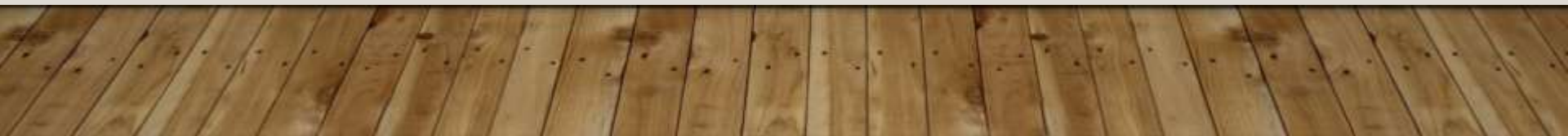
- 当我们读诗篇的时候，我们要“活在诗篇中。”
- When we read the Psalm, we need to “live in the Psalm”
- 我们的心思意念，都要进入这篇诗篇里，深深的体会诗人所描述的诗。
- Our thinking and feeling need to “enter” into the realm of Psalm.

思考我自己的人生旅程  
Reflecting on my  
personal journey.

(一)  
凡敬畏耶和华、  
遵行他道的人有福了！

Blessed are all who fear the LORD, who  
walk in obedience to him.

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父亲节快乐，蒙恩。

耶稣说：眼睛是身体的灯。你的眼睛  
若明亮，全身就光明。马太福音 6:22

枸杞养眼 主治心眼  
明亮双眼 守望一家

感恩堂华语崇拜 2026

健康一生，欢乐一世

Wellness for Life, Generations of Joy

## 马太福音6： 22

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“眼睛是身体的灯。  
你的眼睛若明亮，全  
身就光明；”

“The eye is the lamp of the  
body. If your eyes are healthy,  
your whole body will be full  
of light.



父亲节快乐，蒙恩。

耶稣说：眼睛是身体的灯。你的眼睛  
若明亮，全身就光明。马太福音 6:22

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## 马太福音6：22

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目的就是要告诉我们，  
我们的心挂念什么，我  
们的眼睛就看见什么。

The purpose is to tell us,  
we will only see what is  
placed in our heart.

# (一) 凡敬畏耶和华、遵行他道的人有福了！

Blessed are all who fear the LORD, who walk in obedience to him.

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- 我们的生命如何活出来，心里挂念的，眼睛所看的，就非常重要。
- How we live, what is placed in our hearts, what we see becomes important.
- 我们做父亲的，也要记得，孩子们正在看我们的生命，正在看我们的心里挂念的，正在看我们的眼睛所看的。
- As fathers, we must remember, our children is looking at how we live, what we placed in our hearst and what we see.
- 好的，坏的，他都看在眼里，也都很努力的在学习。
- Good and bad, they will see and will learn them.

## 以弗所书 Ephesians 5: 25-28

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- 25 作丈夫的，你们要爱自己的妻子，正如基督爱教会，为教会舍己， 26 以水藉着道把教会洗净，使她成为圣洁， 27 好献给自己，作荣耀的教会，毫无玷污、皱纹等类的缺陷，而是圣洁没有瑕疵的。 28 丈夫也应当照样爱妻子，如同爱自己的身体；爱妻子就是爱自己了。
- 25 Husbands, love your wives, just as Christ loved the church and gave himself up for her 26 to make her holy, cleansing her by the washing with water through the word, 27 and to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless. 28 In this same way, husbands ought to love their wives as their own bodies. He who loves his wife loves himself.

## 以弗所书5： 25-28

父亲爱自己的妻子，就是给孩子们最好的礼物。

**The best gift for our children is to love our wives.**

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- 孩子们知道自己的父母彼此相爱，他在自己的家就很有安全感。
- Children have a sense of security when they know that their parents love each other.
- 孩子的生命，在年幼的时候，也有很安稳的依靠，有一个榜样能够学习。
- It is a family that they can rely on and look up to.
- 我们的主基督把生命摆上，我们的人生在主里才有希望。
- Christ gave his life for us, that we have hope in Him
- 同样的，夫妻的关系给我们的孩子们人生的希望。
- The relationship of our marriage gives hope to our children.

## 以弗所书6： 4

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- <sup>4</sup> 作父亲的，你们不要激怒儿女，但要照着主的教导和劝戒养育他们。
- <sup>4</sup> Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord.

## 以弗所书6： 4

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- 父亲在家里，有绝对的权力。在当时的社会更是如此。
- Fathers do have full authority at home, especially in the society then.
- 问题是我们如何用这个权力。
- The question is how fathers use this authority bestowed by God.

## 以弗所书6： 4

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- <sup>4</sup> 作父亲的，你们不要激怒儿女，但要照着主的教导和劝戒养育他们。
- <sup>4</sup> Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord.
- 我们华语崇拜这个群体，也要彼此彼此监督，彼此扶持、鼓励和祷告。
- We as a congregation, also need to support each other, encourage each other, remind each other, pray for each other.

(二)

凡敬畏耶和华、  
遵行他道的人有福了！  
有劳碌的福分，和家庭的福分。

**Fathers, Blessed are all who fear the Lord, who walk in  
obedience to him.**

**You shall have a fruitful labour and fruitful family.**

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# 诗篇128： 2

你要吃劳碌得来的；你要享福，凡事顺利。”

You will eat the fruit of your labor; blessings and prosperity will be yours.

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“悔改”的考试。

看他们有没有  
“悔改”



考试证明你学会了！



## 诗篇128： 2

你要吃劳碌得来的；你要享福，凡事顺利。”

You will eat the fruit of your labor; blessings and prosperity will be yours.

---

我们在劳碌中尝到  
劳碌带来的甜美。

We taste the sweetness of  
our labour.



亲爱的弟兄姐妹，特别是爸爸们，凡敬畏耶和華、遵行他道的人有福了！因为上帝赐给我们劳碌的福分，能够尝到劳碌所带来的甜美，劳碌所带来的满足。

Dear Brothers and Sisters, especially Fathers, Blessed are all who fear the LORD, who walk in obedience to Him. Because God gives the blessing of the sweetness and satisfaction of fruitful labour

# 诗篇 128： 3


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- “<sup>3</sup>你妻子在你内室，好像多结果子的葡萄树；你儿女围绕你的桌子，如同橄榄树苗。”
- <sup>3</sup>Your wife will be like a fruitful vine within your house; your children will be like olive shoots around your table.

诗篇128：3 “<sup>3</sup>你妻子在你内室，好像多结果子的葡萄树；你儿女围绕你的桌子，如同橄榄树苗。”

<sup>3</sup>Your wife will be like a fruitful vine within your house; your children will be like olive shoots around your table.

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- 有妻子在身边成为我们的满足和喜乐。
  - Presence of our wife as a source of refreshment and joy.
  - 孩子在我们当中陪伴我们，将未来的希望带给我们。
  - Presence of our children brings hope for the future.
  - 这样的人生，是上帝给我们家庭的福分，是上帝赐给我们家里有宁静和丰盛。
  - This is a life which receives blessings from the LORD, the blessings of peace and tranquillity.
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# 诗篇 PSALM 128:1-4

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- 1 凡敬畏耶和华、遵行他道的人有福了！
- 2 你要吃劳碌得来的；你要享福，凡事顺利。
- 3 你妻子在你内室，好像多结果子的葡萄树；  
• 你儿女围绕你的桌子，如同橄榄树苗。
- 4 看哪，敬畏耶和华的人  
• 必要这样蒙福！
- 1 **Blessed are all who fear the LORD, who walk in obedience to him.**
- 2 You will eat the fruit of your labor; blessings and prosperity will be yours.
- 3 Your wife will be like a fruitful vine within your house; your children will be like olive shoots around your table.
- 4 **Yes, this will be the blessing for the man who fears the LORD.**

(三)  
賜福的是天父上帝，  
不是一個交易。

**Blessings comes from the Father. It is  
not a transaction.**

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# 诗篇 128： 5-6

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- “<sup>5</sup> 愿耶和华从锡安赐福给你！ 愿你一生一世看见耶路撒冷兴旺！
- <sup>6</sup> 愿你看见你的子子孙孙！ 愿平安归于以色列！ ”
- <sup>5</sup> May the LORD bless you from Zion; may you see the prosperity of Jerusalem all the days of your life.
- <sup>6</sup> May you live to see your children’s children — peace be on Israel.

上帝的祝福不是一个交易，  
是一个关系

Blessings from the LORD is not a  
transaction, it is a relationship.

• 4

•

必至

# 诗篇 PSALM 128

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- 我们敬畏耶和华、遵行他道，都是因为我们跟他有关系。
- We fear the LORD, walk in Obedience to Him, is because we have a relationship with Him.
- 如果我们跟他没有关系，这篇的诗篇对我们就没有关系了。
- If we don't have a relationship with him, this Psalm has no meaning to us.

# 诗篇 PSALM 128

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- 也因为我们跟上帝有关系，上帝的祝福不是一个交易，是代表他对我们的爱，关心，盼望。
- **And because we have a relationship with Him, His Blessings is not a transaction. Blessings represents His Love, Care and Hope**
- 也因为上帝的祝福代表他对我们的爱，关心，盼望，我们才能够在失望中，家庭关系紧张，人与人之间的关系破裂，坚持信靠着我们的上帝，坚持依靠上帝的话和同在过我们每一天的生活。  
**Because His Blessings represents His Love, Care and Hope, we can continue to trust and rely on Him in our daily lives and experience, even when there are times of deep disappointment, tensions in the family and broken relationships.**

# 总结 CONCLUSION

- 亲爱的爸爸们，凡敬畏耶和华、遵行他道的人有福了！
- Dear Fathers, Blessed are all who fear the LORD, who walk in obedience to Him.
- 上帝会赐给我们劳碌的福分，和家庭的福分。
- The LORD will bless us with fruitful labour and fruitful family.
- 祝福可能不是立刻来，但是我们要对上帝有信心，有盼望，因为这不是一个交易，而是因为我们跟上帝有关系。
- Blessings may not come immediately, but we have faith and hope in Him because we know that it is not a transaction but it is about our relationship with Him.