

Psalm 23

▸ Surely goodness
and love

Surely goodness and love will follow me all
the days of my life,

and I will dwell in the house of the Lord forever.

Surely goodness and love will follow me all

indeed! rich kindness pursue
 valuable faithfulness chase

the days of my life,

and I will dwell in the house of the Lord forever.

remain
abide

Psalm 23:1-6 (NIV 1984)

¹ The LORD is my shepherd, I shall not be in want.

² He makes me lie down in green pastures, he leads me beside quiet waters,

³ he restores my soul. He guides me in paths of righteousness for his name's sake.

⁴ Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

⁵ You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows.

⁶ Surely goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever.



for 2023

for all the days of our lives

- Satisfaction
- Serenity
- Soundness

Satisfaction

1 *The LORD is my shepherd, I shall not be in want.*

5 *You prepare a table before me in the presence of my enemies.
You anoint my head with oil; my cup overflows.*

- WHO God is.
- WHO I am.
- WHAT I have in God.

2 *Timothy 1:7* For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline.

Serenity

² He makes me lie down in green pastures, he leads me beside quiet waters,

³ he restores my soul. He guides me in paths of righteousness for his name's sake.

- HOW my soul is faring.
- WHERE my focus is.



He guides me in paths of
righteousness for his name's
sake.

Micah 6:8 He has showed you,
O man, what is good.
And what does the LORD
require of you?
To act justly and to love mercy
and to walk humbly with your
God.

Soundness

4 Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

- WHY I believe.

Galatians 2:20 I have been crucified with Christ and I no longer live, but Christ lives in me. The life I live in the body I live by faith in the Son of God, who loved me and gave himself for me.



Jeremiah 17:7-8

⁷ “Blessed is the man who trusts in the Lord,

whose trust is the Lord.

⁸ He is like a tree planted by water, that sends out its roots by the stream,

and does not fear when heat comes, for its leaves remain green,

and is not anxious in the year of drought,

for it does not cease to bear fruit.”

*"... the dominant message in the Book of Psalms is twofold:
(1) God is good, and (2) life is difficult. The life of faith is lived
between these two realities."*

(The Nelson Bible Commentary ... pg 881)

A life of faith marked by satisfaction, serenity and soundness.

Surely goodness and love will follow me all the days
of my life, and I will dwell in the house of the Lord
forever.

Frank Gaebelein (editor for Expositor's Bible Commentary) suggested reading Psalm 23 by asking "What shall I not want?"

I shall not want ... (I shall not lack ...)

Rest—for He makes me lie down in green pastures.

Peace—for He leads me beside still waters.

Forgiveness—for He restores my soul.

Guidance—for He leads me in righteous paths.

Companionship—for He is with me.

Comfort—for His rod and staff comfort me.

Food—for He prepares a table for me.

Protection—for He does so in the presence of my enemies.

Acceptance—for He anoints my head with oil.

Abundance—for He makes my cup overflow.

Grace—for He makes goodness and mercy follow me.

Security—for He makes me dwell in His house forever.