



#### **5 STATIONS**

for us to reflect on the suffering and sacrifice of Jesus and His love for us.

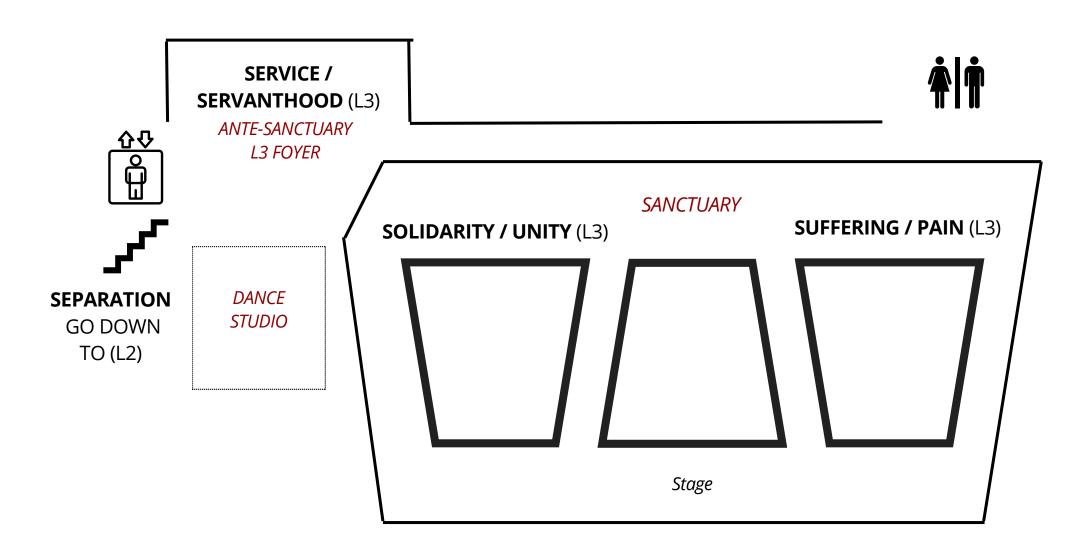
**Station 1: Service / Servanthood** @ L3 Ante-Sanctuary & Foyer

**Station 2: Suffering & Pain** @ Left Corner of Sanctuary

Station 3: Solidarity & Unity @ Right Section of Sanctuary

**Station 4: Separation** @ Level 2 Corridor, Room 202

Station 5: (Last) Supper (All attendees return to Sanctuary).

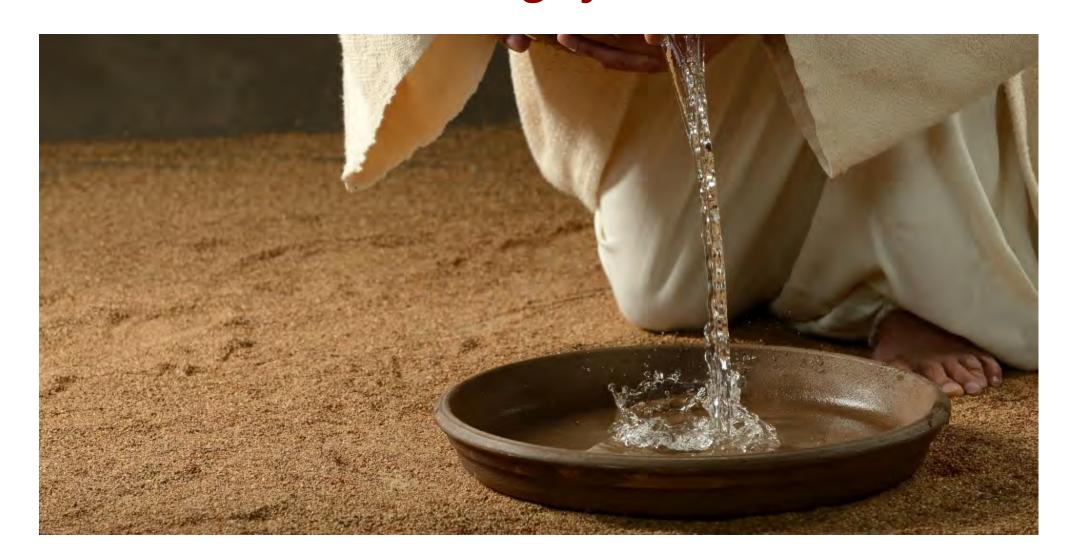


#### 3 ACTIVITIES AT EACH STATION: READ • REFLECT • RESPOND

Each 'session', comprising the three activities, should take up to 12 minutes. A bell will sound at the end of 12 minutes to mark the end of a session. Participants may then move on to another station, or choose to spend more time at a particular station beyond the 12 minutes. Participants are free to start from any station, and are under no obligation to complete all the stations, *except Station 5*. Station 5 (Holy Communion) will take place at about 9:20pm, and is mandatory, as it marks the end of the Service.

In the following pages are the Bible passages for reading, as well as guiding points for reflection and response for each station.

# SERVICE / SERVANTHOOD Washing of Feet



# **READ / LISTEN**

### JOHN 13: 1-5, 12-17 (TLB)

1-3 Jesus knew on the evening of Passover Day that it would be his last night on earth before returning to his Father. During supper the devil had already suggested to Judas Iscariot, Simon's son, that this was the night to carry out his plan to betray Jesus. Jesus knew that the Father had given him everything and that he had come from God and would return to God. And how he loved his disciples! 4 So he got up from the supper table, took off his robe, wrapped a towel around his loins, 5 poured water into a basin, and began to wash the disciples' feet and to wipe them with the towel he had around him...

After washing their feet he put on his robe again and sat down and asked, "Do you understand what I was doing? 13 You call me 'Master' and 'Lord,' and you do well to say it, for it is true. 14 And since I, the Lord and Teacher, have washed your feet, you ought to wash each other's feet. 15 I have given you an example to follow: do as I have done to you. 16 How true it is that a servant is not greater than his master. Nor is the messenger more important than the one who sends him. 17 You know these things — now do them! That is the path of blessing.

# SERVICE / SERVANTHOOD Washing of Feet

### REFLECT

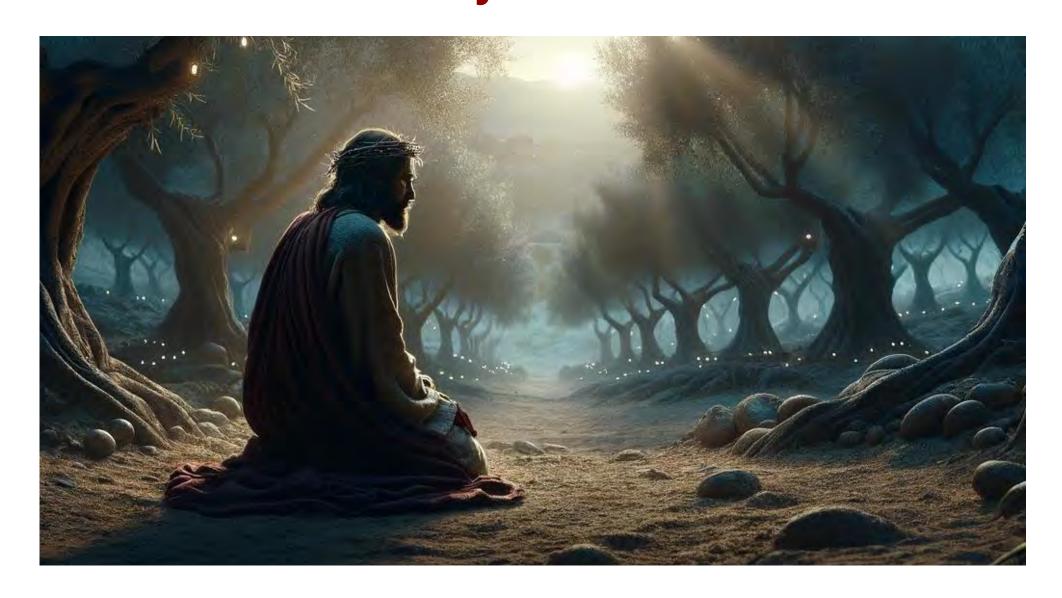
"For even the Son of man did not come to be served but to serve, and give His life as a ransom for many" (Mark 10:45). Here we have the King of kings and Lord of lords, the Creator of the Universe, our Lord Jesus Christ, coming to serve us in love and in humility. He even gave His life for us! He has set for us an example to follow, so shouldn't we do likewise? What could be stopping us from following the humble way of Jesus? Pride? Lording over others because of your high position? Feel ashamed to serve? Think it is your right that someone serves you? What would Jesus think of you? As our Lord Jesus has demonstrated to us, can we commit to serve one another in humility and in love?

## **RESPOND**



- Repent if you have, at one point in time or another, lorded over someone, getting someone to do something for you when you should have done it yourself.
- Repent if you feel ashamed to serve, or think it is your right to be served by others.
- Commit to follow the way of Jesus and serve someone. It could be someone who is younger than you in the faith or in a lower position than you, or someone who is need of help.
- Commit to taking the initiative to serve someone, rather than wait for someone to do it.
- As a symbolic act of your commitment to humble service, you may wish to wash someone's feet.

# SUFFERING & PAIN Garden of Gethsemane



# **READ / LISTEN**

#### **LUKE 22:39-45**

39 Then, accompanied by the disciples, he left the upstairs room and went as usual to the Mount of Olives. 40 There he told them, "Pray God that you will not be overcome by temptation." 41-42 He walked away, perhaps a stone's throw, and knelt down and prayed this prayer: "Father, if you are willing, please take away this cup of horror from me. But I want your will, not mine." 43 Then an angel from heaven appeared and strengthened him, 44 for he was in such agony of spirit that he broke into a sweat of blood, with great drops falling to the ground as he prayed more and more earnestly. 45 At last he stood up again and returned to the disciples—only to find them asleep, exhausted from grief.

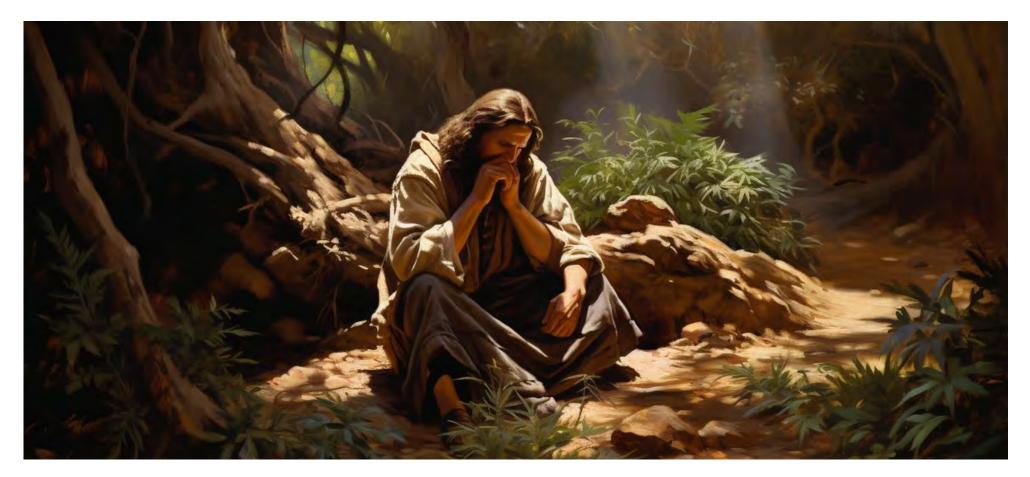


# **SUFFERING / PAIN** *Garden of Gethsemane*

### REFLECT

Over the last year we have been through a lot. Following COVID, many have experienced suffering, pain and grief. Bereavement, illness, isolation, loneliness, increased competition, the aftereffects of global conflicts and wars, economic uncertainty, rising cost of living, busyness of work etc.

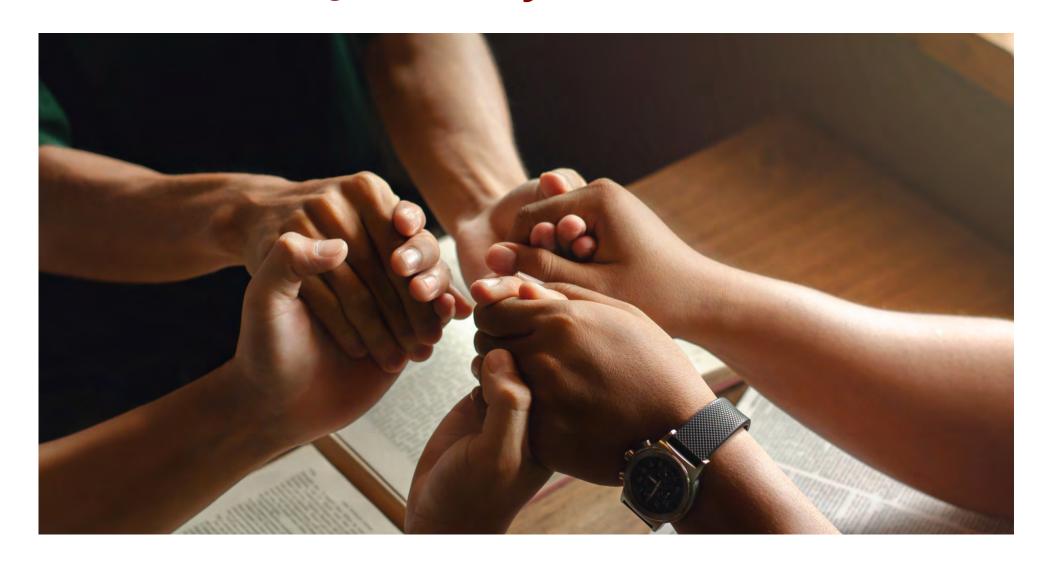
Many have had to drink a bitter cup of sorts, a cup they would have wished to avoid. Jesus experienced this too, even more so. His anguish was real. The thought of having to bear the burden of the world's sin was so intense that He broke into sweats of blood. Won't you draw near to Him who fully understands our pain? Would we be willing to bring all we have lost to Jesus- all our suffering, pain, anguish and tears?



## **RESPOND**

- Take time to reflect and pray... Find a space along the aisle or in the seats nearby.
- You may like to write down some of those griefs and sorrows you have experienced using the paper and pencils provided.
- When ready, fold the paper and place it in the box as an act of surrender. NB: The paper dropped into box will be shredded right after service.
- Pray and ask the Lord to heal your heart. If you would like someone to pray with you or for you, feel free to approach someone to do so.

# **SOLIDARITY / UNITY** *Jesus Prays For Us*



# **READ / LISTEN**

#### **JOHN 17:20-23**

20 "I am not praying for these alone but also for the future believers who will come to me because of the testimony of these. 21 My prayer for all of them is that they will be of one heart and mind, just as you and I are, Father—that just as you are in me and I am in you, so they will be in us, and the world will believe you sent me. 22 "I have given them the glory you gave me—the glorious unity of being one, as we are— 23 I in them and you in me, all being perfected into one—so that the world will know you sent me and will understand that you love them as much as you love me.

### REFLECT

During the last evening that Jesus spent with his disciples He prayed for both them and for us. His heart was that all His followers would be in such unity with each other that everyone would see that Jesus is the Son of God. How united are you as a church of Jesus Christ? Do you have assumptions of brothers and sisters in other congregations? Do you respect the leaders, pastors and staff who are called into the office of the church? How have you shown solidarity and demonstrated that you are in unity with the plans and vision of the church?

# **SOLIDARITY / UNITY**

# Jesus Prays For Us

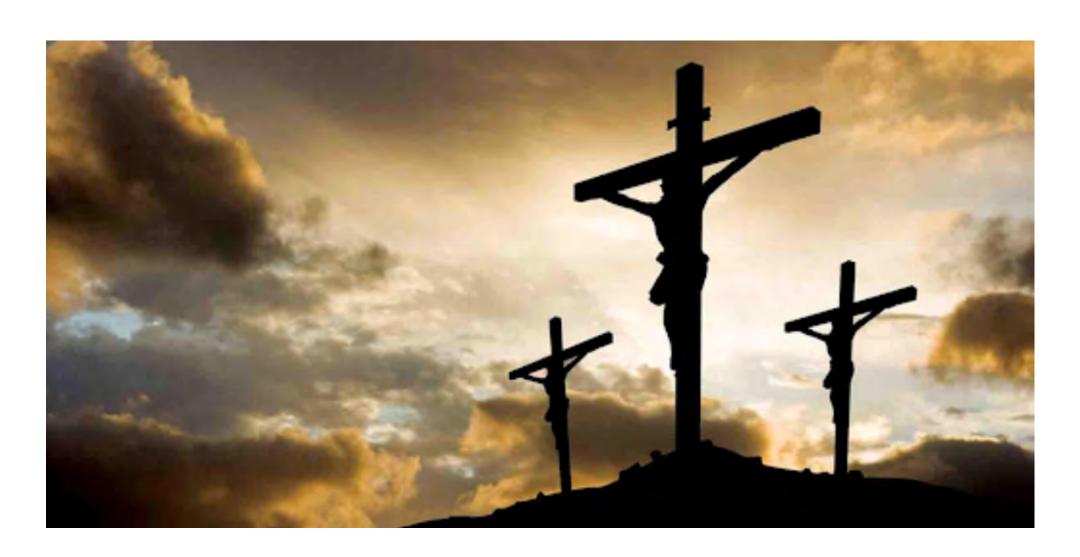


### **RESPOND**

Find one or two brothers and sisters whom you don't normal pray with, and pray for one another,

- Pray that you will be in harmony with one another, standing together as one in spirit and as God's family.
- Pray for the people in other congregations
- Pray for the leaders, pastors and staff of KY
- Pray that Kum Yan will be a church known for her unity and solidarity, for the glory of Jesus Christ, Who is the Head of the church.
- Pray that each of us will reveal Jesus to our community as we are called to have One Heart, One Mission, One for Jesus.
- Share a need and pray for each other, speak a blessing over one another.

# **SEPARATION** *The Cross*



# **READ / LISTEN**

#### **MATTHEW 27:41-46**

41-43 And the chief priests and Jewish leaders also mocked him. "He saved others," they scoffed, "but he can't save himself! So you are the King of Israel, are you? Come down from the cross and we'll believe you! He trusted God—let God show his approval by delivering him! Didn't he say, 'I am God's Son'?" 44 And the robbers also threw the same in his teeth. 45 That afternoon, the whole earth was covered with darkness for three hours, from noon until three o'clock. 46 About three o'clock, Jesus shouted, "Eli, Iama sabachthani?" which means, "My God, my God, why have you forsaken me?"



#### STATION 4

# **SEPARATION** *The Cross*

## REFLECT

As He was mocked by everyone, from the chief priests to the criminals, and hung on the cross, Jesus experienced three hours of despair and utter darkness. The despair and darkness was spiritual as well as physical because He was separated from His Heavenly Father. For the first and only time Jesus was without His Father's love, comfort and presence.

### Jesus experienced this separation so that we might not.

"For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord" Romans 8:38-39 (NIV).



## **RESPOND**

Spend some time to pause and reflect on a sample of God's promises. In the peace, listen to God: What is He saying to you? How you do feel about what God is saying to you through His promises? What will you do?

Psalm 23:1-3

**Psalm 34:15** 

**Psalm 147:3** 

Lamentations 3:22-23.

**Matthew 11:28**