

THE STRENGTH TO LET GO

Sometimes the greatest strength that we need is not to hang on but let go

Exodus 2:1-10

Now a man of the tribe of Levi married a Levite woman, and she became pregnant and gave birth to a son. When she saw that he was a fine child, she hid him for three months. But when she could hide him no longer, she got a papyrus basket for him and coated it with tar and pitch. Then she placed the child in it and put it among the reeds along the bank of the Nile. His sister stood at a distance to see what would happen to him.

Then Pharaoh's daughter went down to the Nile to bathe, and her attendants were walking along the riverbank. She saw the basket among the reeds and sent her female slave to get it. She opened it and saw the baby. He was crying, and she felt sorry for him. "This is one of the Hebrew babies," she said. Then his sister asked Pharaoh's daughter, "Shall I go and get one of the Hebrew women to nurse the baby for you?" "Yes, go," she answered.

So the girl went and got the baby's mother. Pharaoh's daughter said to her, "Take this baby and nurse him for me, and I will pay you." So the woman took the baby and nursed him. When the child grew older, she took him to Pharaoh's daughter and he became her son. She named him Moses, saying, "I drew him out of the water."

Hebrews 11:23-27

By faith Moses' parents hid him for three months after he was born, because they saw he was no ordinary child, and they were not afraid of the king's edict. By faith Moses, when he had grown up, refused to be known as the son of Pharaoh's daughter. He chose to be mistreated along with the people of God rather than to enjoy the fleeting pleasures of sin. He regarded disgrace for the sake of Christ as of greater value than the treasures of Egypt, because he was looking ahead to his reward. By faith he left Egypt, not fearing the king's anger; he persevered because he saw him who is invisible.

1. Jochedbed had to let go of Moses so that Pharaoh would let go of Israel.
 - Scriptural examples of letting go that brought blessing:
 - a. Abraham letting go of Isaac (Gen 22)
 - b. The little boy letting go of his fish and loaves (John 6)
 - c. Mary letting go of the alabaster box (Mark 14)

1 John 2:15-17

Do not love the world or anything in the world. If anyone loves the world, love for the Father is not in them. For everything in the world—the lust of the flesh, the lust of the eyes, and the pride of life—comes not from the Father but from the world. The world and its desires pass away, but whoever does the will of God lives forever.

When someone you love says
goodbye you can stare long and
hard at the door they closed and
forget to see all the doors God has
opened in front of you.

A photograph of a person's hands holding a butterfly against a clear blue sky. The butterfly is positioned at the top center of the frame, and the hands are visible on the right side, cupping the butterfly. The text is overlaid on the left side of the image.

Sometimes,
you have to
let things go
so there's room
for better things
to come into
your life.

2. You have to let go of the past so that you can take hold of the future
 - a. Negative: E.g. Past hurts, Bitterness, Injustice, Absent parents, Abuses, Betrayal, Guilt, Regrets
 - b. Positive: Accomplishment, Success, Status

Phil. 3:13-14 Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

A close-up photograph of a person's hands, one palm up and one palm down, gently holding a small, vibrant green insect. The background is a soft, out-of-focus landscape with green and blue tones. The overall mood is serene and contemplative.

The beautiful journey
of today can only begin
when we learn to
let go of yesterday.



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3. You have to let go of your future so that you can take hold of God's

– Dream, Ambition, Vision, Comfort

4. Its best to let go when the lord convicts you or else you will let go when the Lord chastens you

- e.g. Jonah

HOW TO FIND STRENGTH TO LET GO

1. Realize you have a choice. Not a victim of circumstances. Pray for courage.
2. Know that God is with you. Know and trust Him. Finding your security in Him.
3. Seek deliverance from the past you are struggling with. Emotional hurts, failures, traumas, brokenness and healings.
4. Confess and surrender you need for control.
5. Seek and find God daily. **Jeremiah 29:13** “You will find Me when you search for Me with all your heart”. Fulfill your destiny.
6. Counsel and Prayer from others